

Botox Treatment

There are a number of signs you start to notice as you age – loss of volume, dull and discoloured tone, sagging skin – but usually the first and most unwelcome change are the wrinkles that form, particularly around the eyes and between the brows.

These wrinkles are called dynamic wrinkles because they are formed by the constant contraction and relaxation of the muscles that lie just underneath the skin.

Many patients complain to Mr Tariq Ahmad that these lines make them look tired, old and even angry, which is not a true reflection of how they feel inside.

Botox, or botulinum toxin, is a neurotoxin that works by temporarily paralysing the nerves that tell those muscles to move. The skin overlying the muscles is thereby smoothed and those tell-tale lines are reduced.

Botox is a prescription-only drug so can only be administered by appropriate medical practitioners. Experience also counts to ensure that you have a pleasing result and Mr Ahmad has many years' experience in offering aesthetic treatments.

What happens during a Botox treatment?

First, the area to be treated is cleaned – there is no need for any local anaesthetic with a Botox injection – and then Mr Ahmad injects tiny amounts into the necessary area.

What should I expect after a Botox treatment?

Botox doesn't work immediately, as it takes about three to five days to take effect. The results then last approximately six to nine months.

There may be some mild bruising and swelling that accompanies any injection, but there is usually minimal downtime after a Botox treatment. There are some potential complications and Mr Ahmad will explain these fully before you decide to go ahead with treatment. These are quite rare, but again it is important to see a properly trained and qualified medical professional who has the experience and skill to deal with any complications if they arise.

In the right hands, Botox is a highly effective treatment and Mr Ahmad has all the necessary skill to achieve a beautiful, rejuvenated result.

