

Ear Reshaping Surgery

Cosmetic ear reshaping, also known as an otoplasty or pinnaplasty procedure, is a surgical procedure that aims to correct any irregularities in ear shape or size.

The most common procedure is where overly prominent ears are pinned back and this is often performed on children as young as five. There are three benefits to performing this surgery on children; it is unlikely for the ears to change significantly as you age so the problem won't correct itself over time, children's cartilage is softer so it is often easier to reshape it and, finally, correcting the problem at an earlier age means the child won't suffer from any of the distress and embarrassment this problem can cause.

However, Mr Tariq Ahmad also sees many adult patients seeking treatment for prominent ears. It is also possible to reshape and resize the ears and, in particular, the ear lobes. During consultation, Mr Ahmad will take a full medical history and then explain what it is possible to achieve with this procedure. If he feels that your expectations are realistic, an ear reshaping procedure can be a relatively simple procedure with a high rate of patient satisfaction.

Ear reconstruction is a topic in its own right and Mr Tariq Ahmad has special expertise in these procedures which he would be happy to discuss with you at a consultation.

What to expect during ear surgery?

Mr Tariq Ahmad utilises the posterior approach for ear pinning, which he believes is as good as or superior to traditional techniques, but is also significantly safer. This procedure is usually performed under a local anaesthetic.

What is the recovery process like after ear surgery?

Recovery is usually quick after an ear pinning procedure and you should be able to return to work and resume all normal activities within a couple of days. There may be a little bit of soreness or tenderness but this should disappear quite quickly. Mr Ahmad will try to make any incisions in the natural folds of the ear so any scarring should be minimal.
