

Facelift

For men or women interested in tackling the signs of ageing on the face, there are a number of effective non-surgical options Mr Tariq Ahmad offers, but for some patients the best option is to have a facelift procedure.

For men or women interested in tackling the signs of ageing on the face, there are a number of effective non-surgical options Mr Tariq Ahmad offers, but for some patients the best option is to have a facelift procedure.

As we age, gravity, sun damage and environmental stress all cause us to lose volume in our face and our skin to sag. After a certain point, the best way to reverse these signs of ageing is a cosmetic surgical procedure in the form of a facelift, which realigns the muscles and removes any excess skin.

During your consultation, Mr Ahmad will explain what is possible to achieve with a facelift procedure and what the likely end result will be. As long as your expectations are in line with this then a facelift is an effective and usually very satisfying procedure.

What to expect during your facelift procedure?

There are a number of different techniques that have been developed in facelift surgery and Mr Ahmad will tailor the procedure to your individual requirements. Generally, he makes an incision in the hairline and down around the ears. This frees the skin, allowing Mr Ahmad to reposition any deeper facial tissues, before removing any excess fat tissue and skin.

Mr Tariq Ahmad performs facelifts with a general anaesthetic and it usually requires an overnight stay in hospital. You will then have to return at a later date to have any non-dissolvable stitches removed by Mr Ahmad.

What's the recovery like after a facelift?

There will be a degree of swelling and bruising after a facelift procedure and it can take a couple of weeks before you wish to resume normal activities. Mr Ahmad recommends you wear a specially designed support garment after surgery to get the optimal outcome, but it can take a few months before the swelling completely subsides and you see the final result.

There are a number of potential risks and side effects with a facelift procedure, but Mr Ahmad will have explained them carefully during the consultation. A facelift can have impressive rejuvenating results for those looking to restore more youthful contours to the face.
