

Laser Skin Resurfacing

Skin resurfacing is a very popular and long-standing aesthetic treatment that aims to improve the tone and quality of the skin by removing the top layer, through the application of a product or type of energy, to reveal the deeper skin layers.

Laser skin resurfacing has become increasingly popular in recent years as new technologies have been developed that get a better result with less downtime.

What can laser skin resurfacing treat?

Laser skin resurfacing offered by Mr Tariq Ahmad is able to tackle a number of skin concerns, including reducing the appearance of facial wrinkles, removing pigmentation, age spots, sun damage, improve scarring and even give a degree of skin tightening.

What happens during a laser skin resurfacing procedure?

During a laser skin resurfacing procedure, the laser's energy is directed onto the skin causing the outermost layers to be removed – the depth and extent of the treated area is precisely controlled by the device.

The procedure can be performed under a local or general anaesthetic, depending on the extent of the procedure and the patient's requirements.

What is the downtime like after laser skin resurfacing?

After a laser skin resurfacing procedure, the skin will appear very red and there may be some discomfort initially. A crust usually appears on the surface of the skin and then when that sheds the newer skin is revealed. Collagen production is also stimulated by the procedure which improves the skin quality over time.
